



Võ Việt Nam

In addition to building up their successful businesses as restaurateurs, the three brothers have devoted almost 20 years to the practice and teaching of Võ Việt Nam, the traditional Vietnamese Martial Art, the origins of which can be traced back several millennia.

After years spent perfecting the multitude of fighting techniques taught by Mr. Nguyen Duc Moc, the brothers opened their own Võ Việt Nam school near their Paris Hanoi Restaurant. In accordance with their passion for the ancient martial art, the brothers in turn pass on the techniques based on breathing and concentration, self-defense deploying traditional fighting weapons such as the fan, sword, long and short sticks.

The practice of Võ Việt Nam is not considered solely as a sport, but it is also an art of life; a philosophy and a medicine.

Classes are available for students from 13 years of age upwards on presentation of a medical

certificate.

Location

Primary school, 10 rue Keller 75011 Paris

Times

Monday, Wednesday and Friday from 19h to 20:30

Contact

Mido Youssouf
vvnetc@yahoo.fr

ETE 2013

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□ **STAGE DE VÔ VIETNAM**

A HOI AN

au centre du VIETNAM

12 au 19 Août 2013

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vvnetc@yahoo.fr

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